FORM 6-K

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REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 UNDER THE SECURITIES EXCHANGE ACT OF 1934.
For the month of: JULY 2002
SEC Registration Number 0-30622 ANOORAQ RESOURCES CORPORATION 1020-800 West Pender Street Vancouver, BC
02047359 PE 7-22-02 V6C 2V6
(Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.)
Form 20-F <u>X</u> Form 40-F
(Indicate by check mark whether the registrant by furnishing the information contained in this form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.)
Yes NoX
(If "Yes" is marked, indicated below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82)
Enclosed:
1. News release dated July 22, 2002.
Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.
ANOORAQ RESOURCES CORPORATION
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July 22, 2002

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Anooraq Resources Corporation

1020-800 W Pender St. Vancouver, BC Canada V6C 2V6 Tel 604 684-6365 Fax 604 684-8092 Toll Free 1 800 667-2114 http://www.hdgold.com

DRILLING CONFIRMS PLATREEF ROCKS ON ANOORAQ'S RIETFONTEIN FARM, SOUTH AFRICA

July 22, 2002, Vancouver, BC - Ronald W. Thiessen, President and CEO of Anooraq Resources Corporation (TSX Venture:ARQ; OTCBB:ARQRF) announces that the critical Platreef rocks have been intersected in the first two holes of drilling on its Rietfontein farm located in South Africa. Platreef rocks host giant PGM-Nickel-Copper deposits in the region that are amenable to open pit mining.

The 2,900 hectare Rietfontein farm forms part of an extensive 37,000 hectare mineral tenure held by Anooraq on the prolific Northern Limb of the Bushveld Complex. Drilling is currently underway on Rietfontein by African Minerals Ltd., whereby African Minerals can earn a 50% interest in and operate exploration programs on the property. The common boundary of African Mineral's Turfspruit farm on the west and Anooraq's Rietfontein farm on the east straddles the Platreef section of the northern limb of the Bushveld. South African geological maps show that Platreef rocks shift onto the Rietfontein farm in an area immediately to the east of where African Minerals has been drilling on Turfspruit with up to 12 rigs since January.

Anooraq's project manager and Qualified Person Marc Prefontaine, M.Sc., P.Geo., who has been actively involved in the exploration programs on the Platreef Project since 2000, has advised the Company that the first hole drilled across the property boundary on Rietfontein intersected, starting at surface, 70 metres of Platreef rocks, and the second hole located 300 metres south, intersected 155 metres of the Platreef rocks. Drilling is continuing and assay results will be reported when received from African Minerals.

For photographs of core from hole two and further details on Anooraq's Platreef Project, please visit the Company's website at www.hdgold.com or contact Investor Services at (604) 684-6365 or within North America at 1-800-667-2114.

ON BEHALF OF THE BOARD OF DIRECTORS

Ronald W. Thiessen

President & CEO

No regulatory authority has approved or disapproved the information contained in this news release.

This release includes certain statements that may be deemed "forward-looking statements". All statements in this release, other than statements of historical facts, that address future production, reserve potential, exploration drilling, exploitation activities and events or developments that the Company expects are forward-looking statements. Although the Company believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results or developments may differ materially from those in the forward-looking statements. Factors that could cause actual results to differ materially from those in forward-looking statements include market prices, exploitation and exploration successes, continued availability of capital and financing, and general economic, market or business conditions. Investors are cautioned that any such statements are not guarantees of future performance and that actual results or developments may differ materially from those projected in the forward-looking statements. For more information on the Company, Investors should review the Company's annual Form 20-F filing with the United States Securities and its home jurisdiction filings that are available at www.sedar.com.

